















## **Home Care Partners**

2024 Annual Report

Dear Friends and Supporters of Home Care Partners,

We are pleased to share this Report for 2024, our 67th year of service to the metropolitan DC community. As we look back on the year, we can confidently say we advanced our mission of supporting vulnerable adults to remain in their own homes. And we did so with the highest standards of excellence in our workforce, programs, and services.

In 2024, we continued to partner with key agencies in DC, Arlington, Montgomery and Prince George's Counties, to provide critical home care services. Without Home Care Partners, hundreds of seniors and adults with disabilities would not be able to afford the home care they need and would face greater isolation. In providing these services, we employed over 130 certified home care aides and provided our aides with an unparalleled level of individualized support including competitive wages, benefits like retirement matches and paid leave, innovative training, and more.

Our Safe at Home program maintained its reputation as one of the most impactful and data driven DC programs. Safe at Home has allowed older DC residents to age in place while concretely decreasing their risk of injury from falls. We also continued to expand our Safe at Home 2.0 program which includes a menu of additional fall prevention programs such as Matter of Balance classes, vision screenings, medication consultations, and fall prevention workshops throughout the community.

Additionally, our DC Caregivers Institute continues to fill a critical gap in the Senior Services network. About 25% of U.S. adults are now part of the so-called "sandwich generation" – they have a parent age 65 or older and are either raising at least one child younger than 18 or providing financial support to an adult child. Our Caregivers Institute provides respite care, financial reimbursements, support groups, and other services tailored to this often overlooked population.

Finally, in the past year Home Care Partners has greatly increased our role in local advocacy. We have taken the lead in spearheading the DC Coalition on Long Term Care and we continually advocate for consumers of long term care services and the workforce that serves them.

In this report, you'll read more about the work of Home Care Partnerswork that wouldn't be possible without our dedicated supporters. Thank you to all of you in the community who make what we do possible.

Sincerely.



Marla Lahat
Executive Director



**Chris McCarthy** *Chair, Board of Directors* 







## **Our Vision**

A community where vulnerable adults receive needed in-home care and services to live with safety and dignity.

### **Our Mission**

Home Care Partners is a private, non-profit inhome services provider serving the Washington, DC metropolitan area that supports vulnerable adults to remain in their own homes. We are committed to excellence in our workforce, programs and services; we embrace diversity; and we prioritize service based on financial need.



2024 in Brief

Provided over 126,600 hours of home care aide service to 542 low-income

seniors or adults with disabilities.

195+

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Provided counseling, education, and respite support to over 195 family caregivers in our DC Caregivers' Institute. SAFE AT HOME 2.0

86 seniors participated in balance exercise classes

45 seniors completed vision or medication screenings

124 seniors participated in fall recovery workshops

291 seniors participated in a city-wide fall prevention event

702



Completed 702 Safe at Home projects, helping seniors reduce fall risk and barriers to mobility.

64



Proud that 64 employees have worked with Home Care Partners for 10 years or more.

# What they're saying...

Sometimes the best way to assess accomplishments is to go to the source. Here's what some of our clients have to say about the services they receive from Home Care Partners:



"My aide has been helping me for almost 5 years now. She is the most trustful, honest person. She has a pleasant personality and so much patience. And she just knows how to do her job so well. She makes me feel comfortable and I love her very much!"

#### HOME CARE AIDE SERVICES CLIENT

"Your aide has been so kind and patient with my husband, who has Alzheimer's disease. She is very knowledgeable and knows how to handle tough situations. Not only is she a hard worker, but she even took the time to learn how to greet me and my husband in our native language and is attentive to our culture.

#### **FAMILY MEMBER OF HOME CARE AIDE SERVICES CLIENT**

"I would like to express my sincerely heart felt thank you to the entire Safe at Home team. Not in a million years I thought it would be possible to have access to all equipment that was installed at my apartment. It is so handy and helpful for someone like me living with both visible and physical disabilities. Your service has not only given my apartment a transformation like the ones I see on TV, but this transformation has changed my life in good ways that you can never imagine".

#### -SAFE AT HOME PROGRAM CLIENT

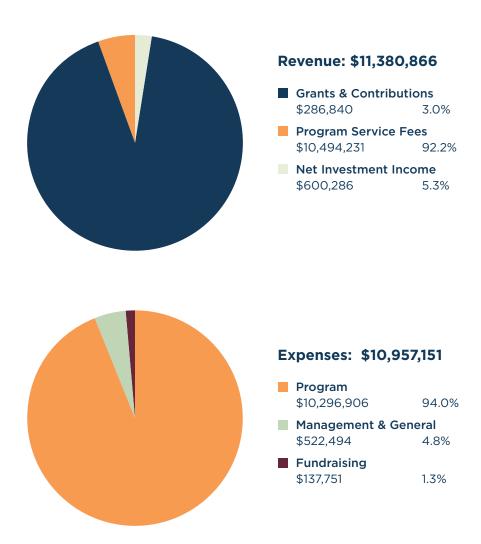
"I have totally enjoyed these classes! They have renewed my whole being, my whole livelihood. I'm able to move more and walk more. The classes have made me stronger and given me a better mindset. I can now go walking with my husband so much more."

#### SAFE AT HOME 2.0 BALANCE CLASS PARTICIPANT

"This is a wonderful program, and I am truly happy to have it!!! This program has reduced my stress because I was trying to do everything for my mother, and I realized I can't do it all the time. The support groups are for and about the caregivers - it gives me time to not think about the past or present day stressful situations. I learned that I need to care for myself too."

#### DC CAREGIVERS' INSTITUTE PROGRAM PARTICIPANT

## **2024 Financial Summary**



Home Care Partners was audited in 2024 by Matthews, Carter & Boyce, CPAs. A copy of the most recent audited financial statements is on our website or available on request.

## **Board of Directors**

Christopher McCarthy, Chair Maria Gomez, Vice Chair Patricia Bevis Laurie Blackman

Valerie Colimon

Sandra Crewe

**Deborah Greer** 

Allicia Lam

**Judith Levy** 

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**Tim Nanof** 

**James Nathanson** 





## **Ex Officio**

Marla Lahat, President/Executive Director
Nancy Chipman, Treasurer/Chief Financial Officer
Eric Behna, Secretary/Deputy Director
Emilie Deady, Past Chair

## **Acknowledgments**

Our work would not be possible without the regular support of our principal partners and many friends. They share our commitment to providing needed home care aide services, caregiver support, and home safety modifications to those in the community who cannot otherwise afford it.

## **Government and Community Funders**

Arlington Department of Human Services

Community Reach of Montgomery County

DC Department of Aging & Community Living

City of Gaithersburg, Maryland Montgomery County Community Grants

Prince George's County Department of Family Services

**Veterans Administration** 







## **Foundation Support**

Ada L. and Albert M. Wibel Foundation

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The Washington Home Foundation

Thank you to the many donors who make our programs possible. We are extremely grateful to everyone who supports our work.









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